



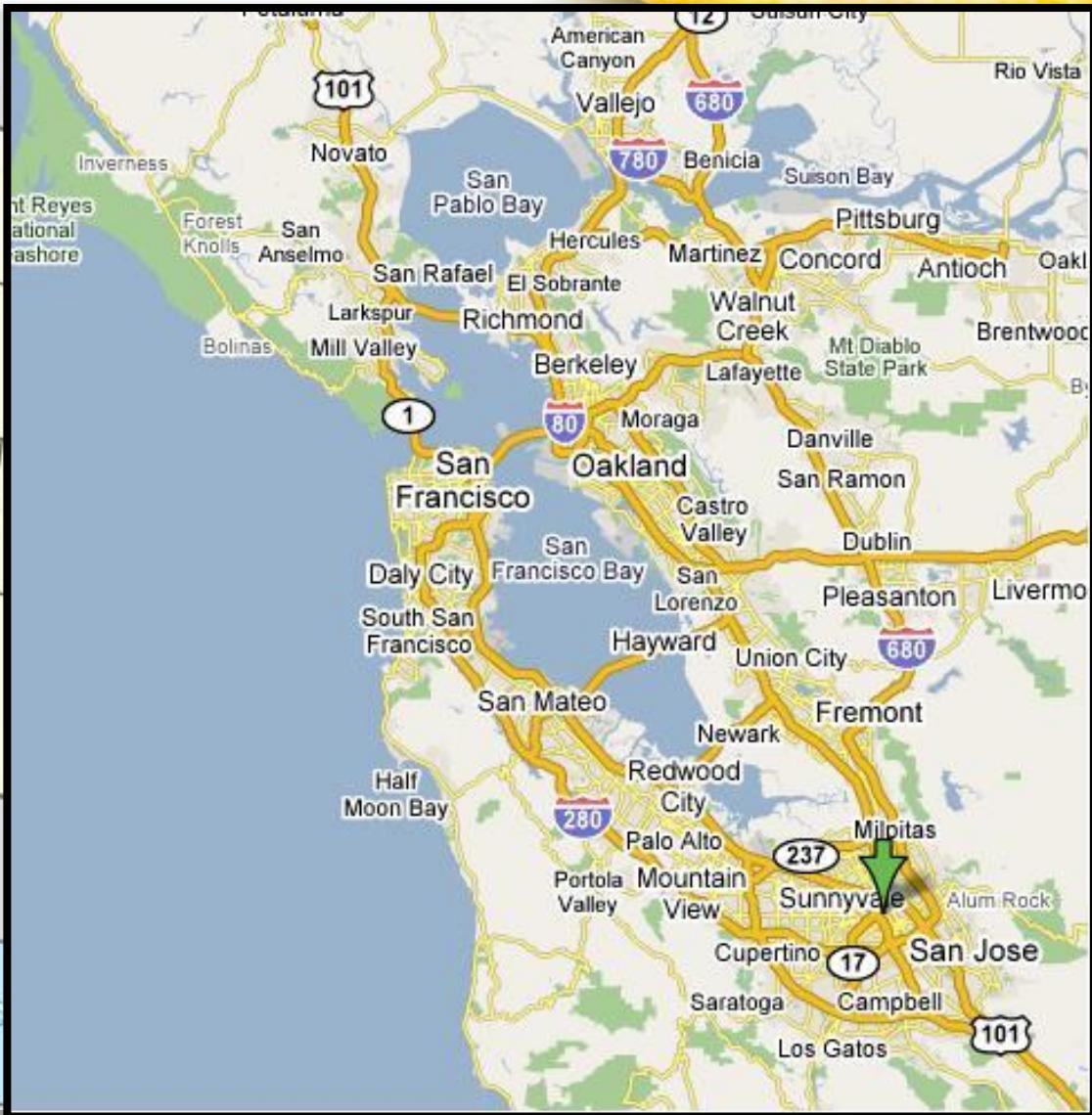
# DDBC-IBS 交換學生計劃

加州-柏克萊

2012年8月～2013年8月

釋見寂  
釋有愍

# 加州-柏克萊



# 加州-柏克萊



# Institute of Buddhist Studies (IBS)

- 成立於1949，隸屬於Buddhist Churches of America (BCA)，提供日本淨土真宗海外傳教士培訓課程。
- 1985年，加入神學研究所聯盟Graduate Theological Union (GTU)，提供完全受認證的佛學研究所課程。

# IBS 佛學研究所課程類別

- Master of Arts (GTU-common MA) in Buddhist Studies
- Master of Buddhist Studies
  - Master of Buddhist Studies (with an emphasis in Buddhist Chaplaincy)
  - Master of Buddhist Studies (with an emphasis in Buddhist Ministry)
  - Master of Buddhist Studies (with an emphasis in Theravada Buddhist Studies)
- Master of Divinity

# IBS校園

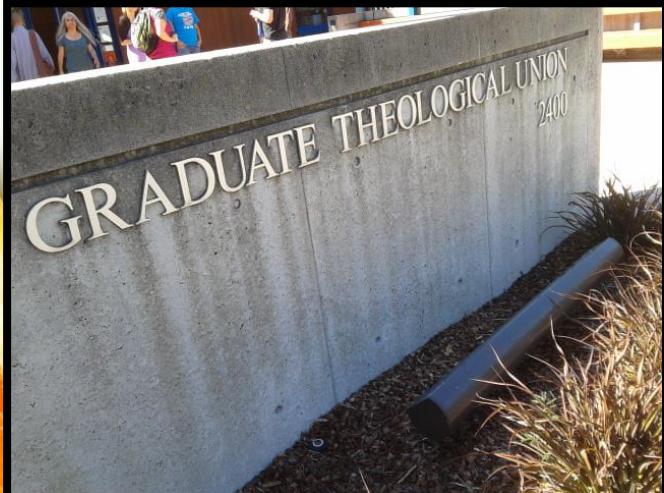


# IBS校舎



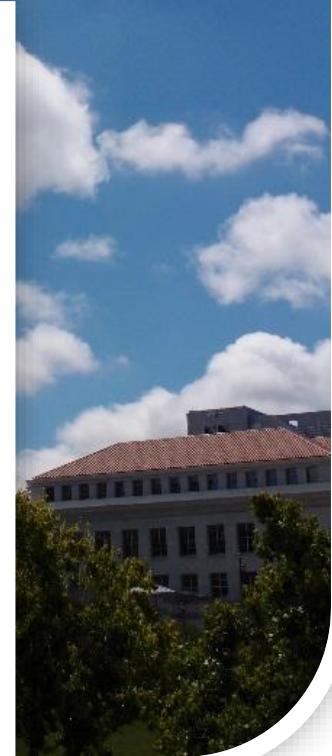
# GTU 柏克萊神學聯盟與其隸屬學校機構

- 共九間學校、十一所研究中心，約有1300學生。
- GTU圖書館是知名的世界宗教文獻圖書館，與柏克萊、史丹佛大學圖書館館際合作。
- Holy Hill: 包含新教、天主教、UU、東正教、猶太教、穆斯林、佛教。
- 課程類別包含宗教中的藝術、文化、歷史、靈性、哲學、跨領域以及傳統神學。

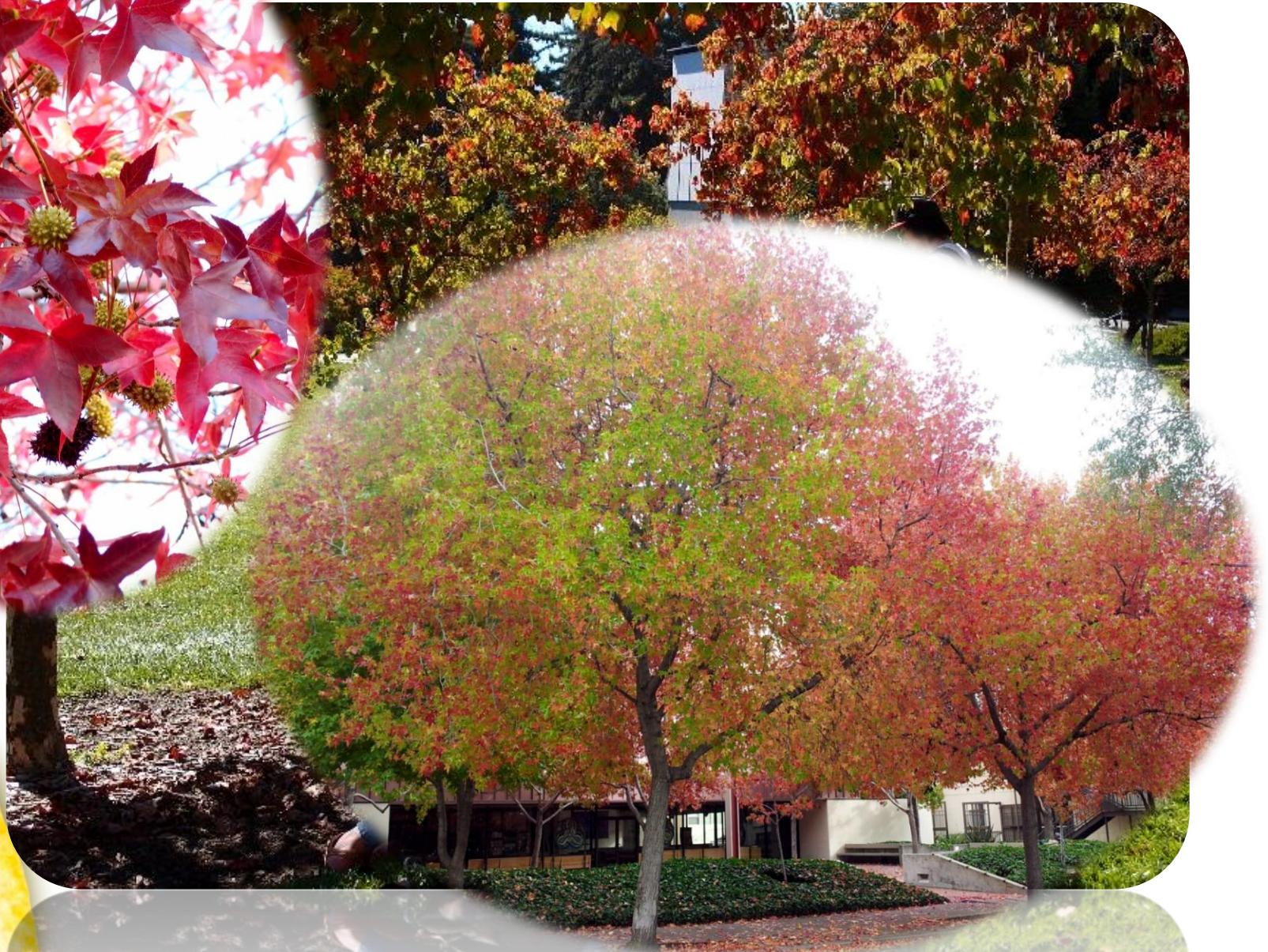


# UC Berkeley

- 校園
- 圖書館



# Berkeley



# C.V. Starr East Asian Library



# 學院生活-選修課程

## 佛教心理學

- Pastoral Counseling – Process & Skills (J.J. & Y.M.)
- Psychological Aspects of Buddhism – Dialogues with Contemporary Western Psychology (J.J. & Y.M.)
- Topics in Buddhist Pastoral Care – Buddhist Perspective on Grief and Loss (Y.M.)

## 佛學

- Methods in the Study of Buddhism (J.J. & Y.M.)
- Buddhist Ethics – Loving Kindness in Buddhism (Y.M.)
- Special Studies – Vijnaptimatrata (Y.M.)

## 佛學語言

- Buddhist Text – Pali III & IV (J.J.)

## 跨領域

- Buddhism in Film (Y.M.)
- Art, Aging, and Spirituality (J.J.)

# 學院生活-佛教倫理課



Buddhist Ethics: Loving Kindness in  
Buddhism

# 學院生活- 佛教心理學課聚餐



Psychological Aspects of Buddhism:  
Dialogues with Contemporary Western Psychology

# 學院生活-巴利佛典閱讀



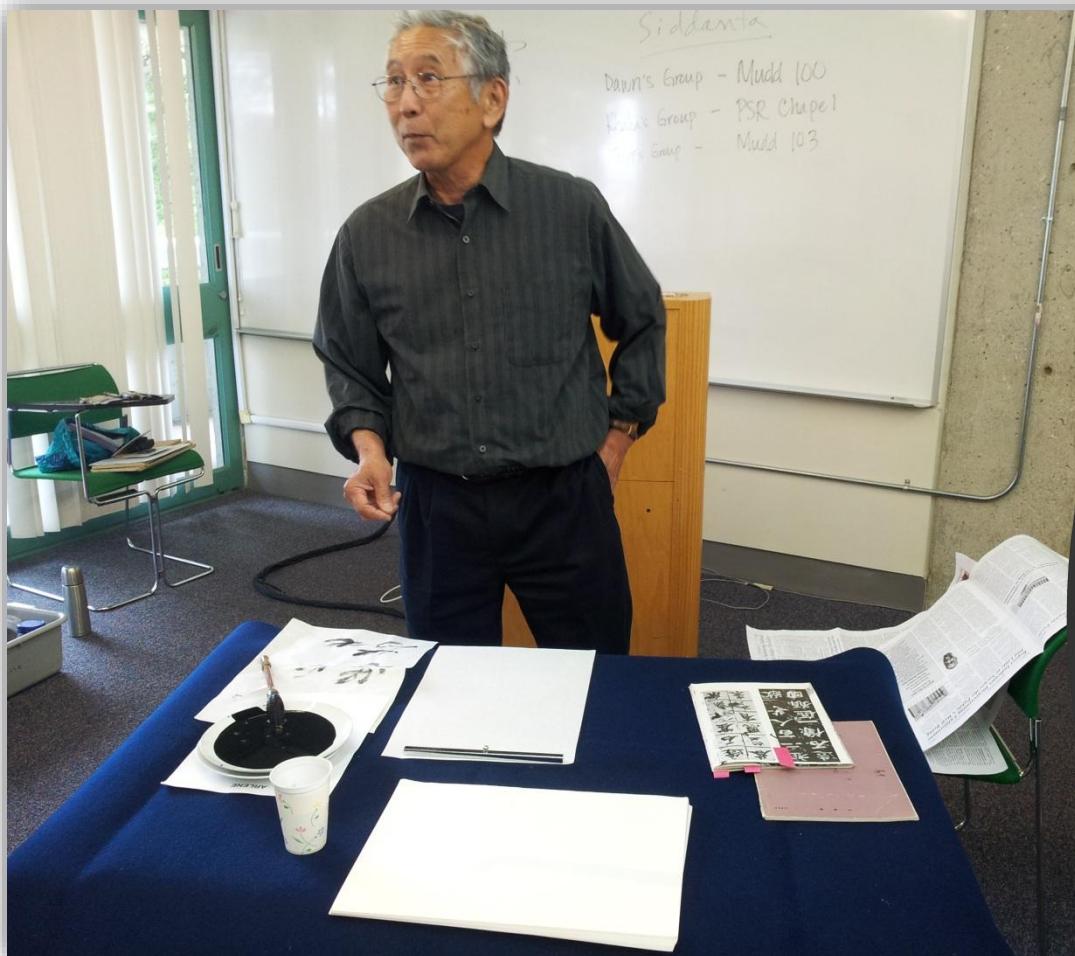
# 學院生活-DSPT校園



# 學院生活-同學



# 學院生活-書法課



# 學院生活— 拜訪GTU創辦人之一



Dr. Jane Dillenberger and Dr. Dillenberger are the pioneers in the study of art and religion.

# 學院-論文發表會



# 學院生活-聚餐



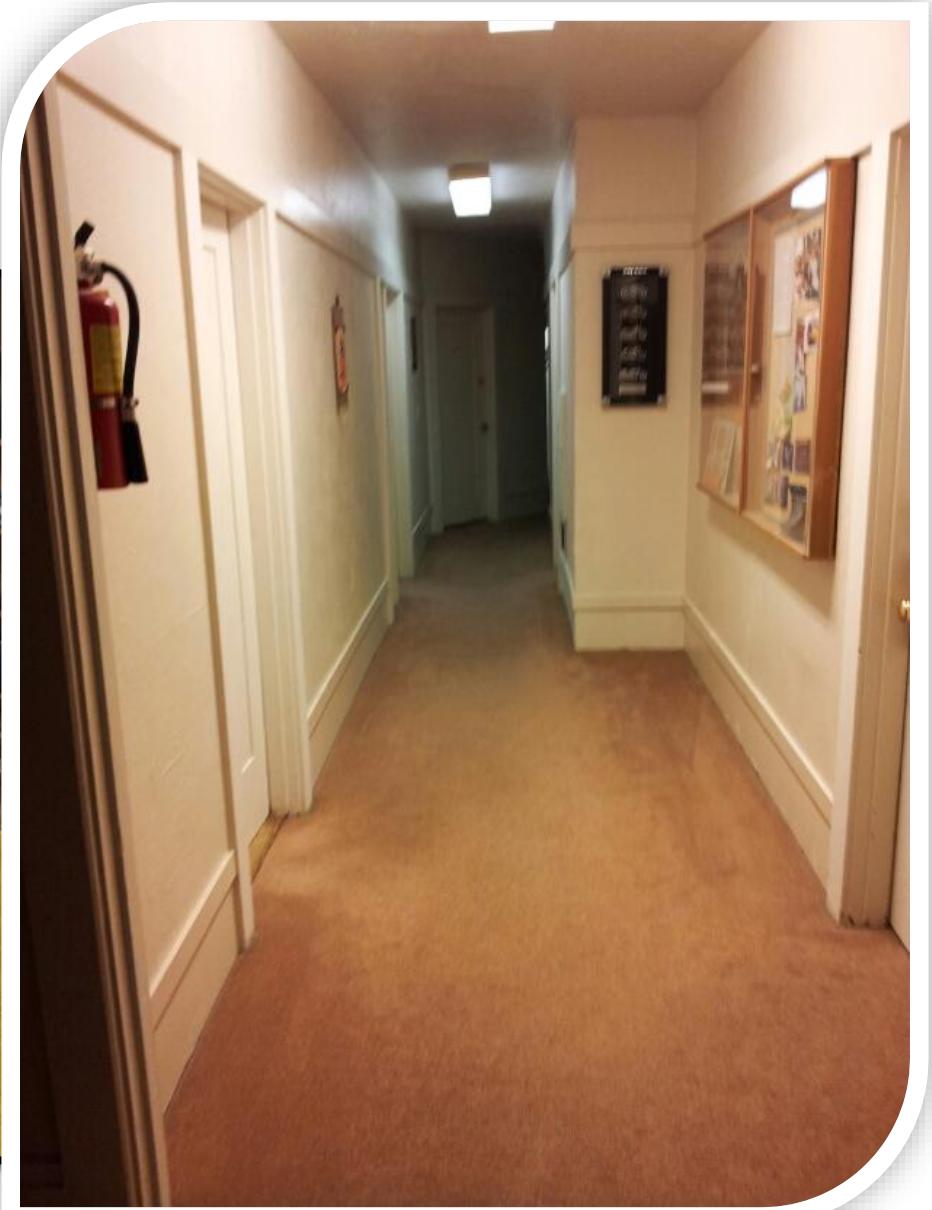
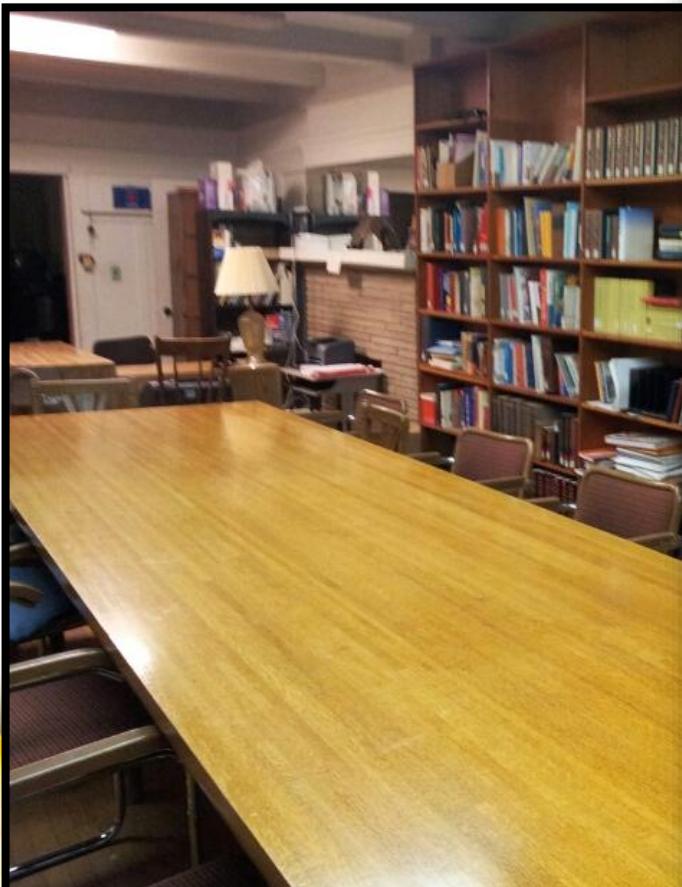
# 宿舍生活

- 共用廚房、餐廳和衛浴設備



# 宿舍生活

- 宿舍圖書區
- 各國室友



# 宿舍生活

- 學生單人房



# 宿舍生活

## • 多元飲食天堂





# 宿舍生活

- 多間蔬果超市、農夫市集、奧克蘭中國城







# 宿舍生活

- 休閒活動
- Endless Parties



# 宿舍生活



# 宿舍生活



# 宗教體驗- IBS 共修



Eitaikyo Service:  
A memorial  
service for the  
deceased.



# 宗教體驗- IBS 共修



# 宗教體驗- IBS 共修



# 宗教體驗- IBS 佛誕慶典



# 宗教體驗- IBS 佛誕慶典



# 宗教體驗- IBS 佛誕慶典



# 宗教體驗-萬佛城



# 宗教體驗-萬佛城



## Meal Offering Chant

Now we render these offerings to the Pure Dharma Body, Vairochana Buddha, To the Perfect Reward Body, Nishyanda Buddha, To the Myriad Transformation Body, Shakyamuni Buddha, In the Land of Ultimate Bliss to Amitabha Buddha, To Maitreya, Honored Future Buddha, And in all times and places to each and every Buddha, To Manjushri, Great Wisdom Bodhisattva, To Universal Worthy, Great Conduct Bodhisattva, To Guan Shi Yin, Great Compassion Bodhisattva, To Earth Treasury King, Great Vow Bodhisattva, And to all honored Bodhisattvas, Mahasattvas. Maha Prajna Paramita.

The Three Virtues and the Six Flavors are Offered to the Buddhas and the Sangha; To all beings of the Dharma Realm, We render this universal offering.

Now as we have this meal before us, We make a vow for all living beings: May they take Dhyana-bliss for food, And be filled with the joy of the Dharma.

(The leader says: The Buddha told the Bhikshus: While eating, observe the Five Contemplations. A scattered mind and confused talk make the offerings of the faithful hard to digest. Great assembly, at the sound of the bell, each be properly mindful) Amitabha!

## The Three Recollections

I vow to cut off all evil.  
I vow to cultivate all good.  
I vow to save all beings.

## The Five Contemplations

This offering of the faithful is the fruit of work and care;  
I reflect upon my conduct: Have I truly earned my share?  
Of the poisons of the mind, the most destructive one is greed.  
As a medicine cures illness, I take only what I need.  
To sustain my spiritual practice and to embody Awakening, so we contemplate with gratitude on this offering today.



## Concluding the Meal

Sa duo nan San miao san pu tuo  
Ju zhi nan Da zhi tuo Nan  
Zhe li Zhu li Jun ti Suo po he

They who practice making offerings, Will certainly obtain their reward.  
They who take delight in giving, Will later surely find peace and happiness.

Now that the meal has been concluded, We make a vow for all living beings: May they have success in all they do, And be perfect in all Buddhadharmas.

## The Three Refuges

To the Buddha I return and rely, Vowing that all living beings, Understand the Great Way profoundly, And bring forth the Bodhi Mind.

To the Dharma I return and rely, Vowing that all living beings, Deeply enter the Sutra treasury, And have wisdom like the sea.

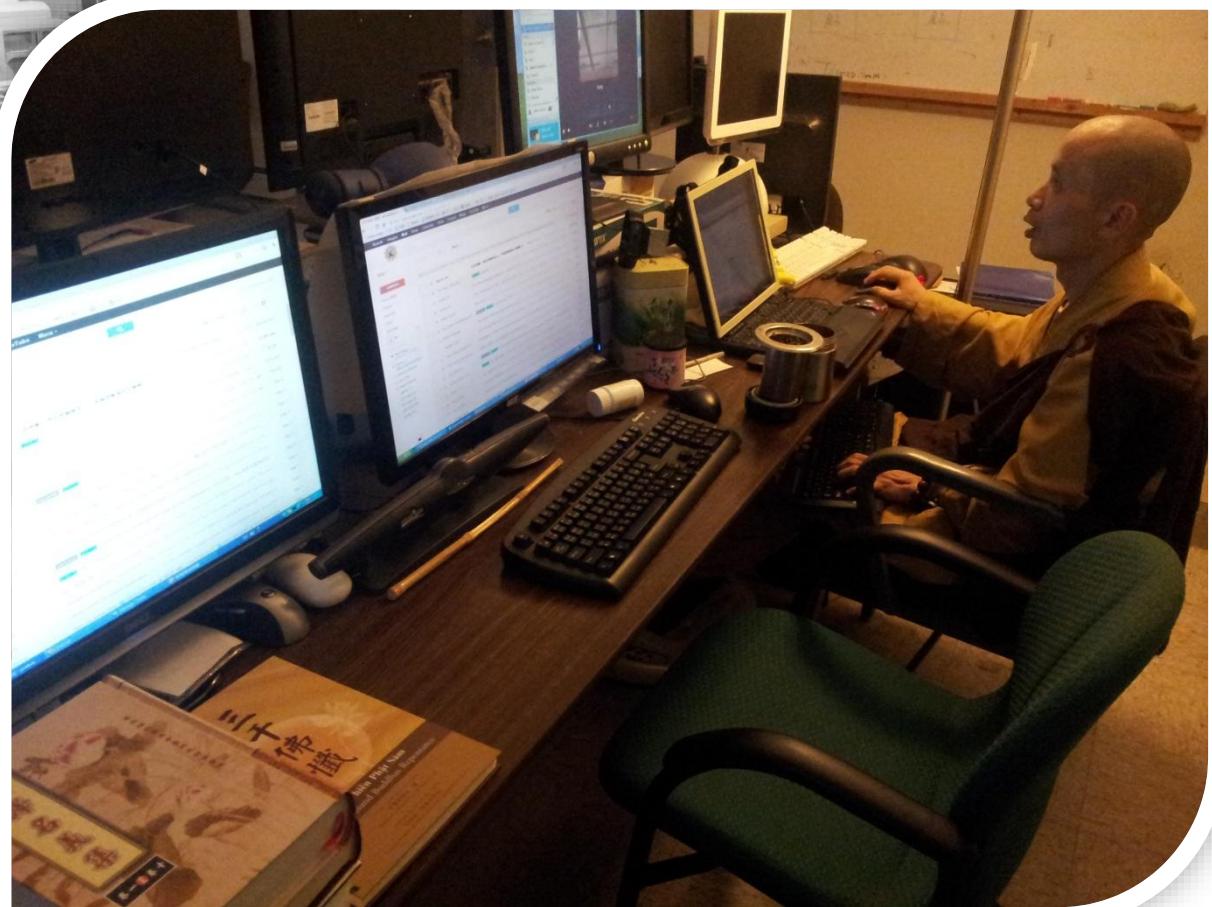
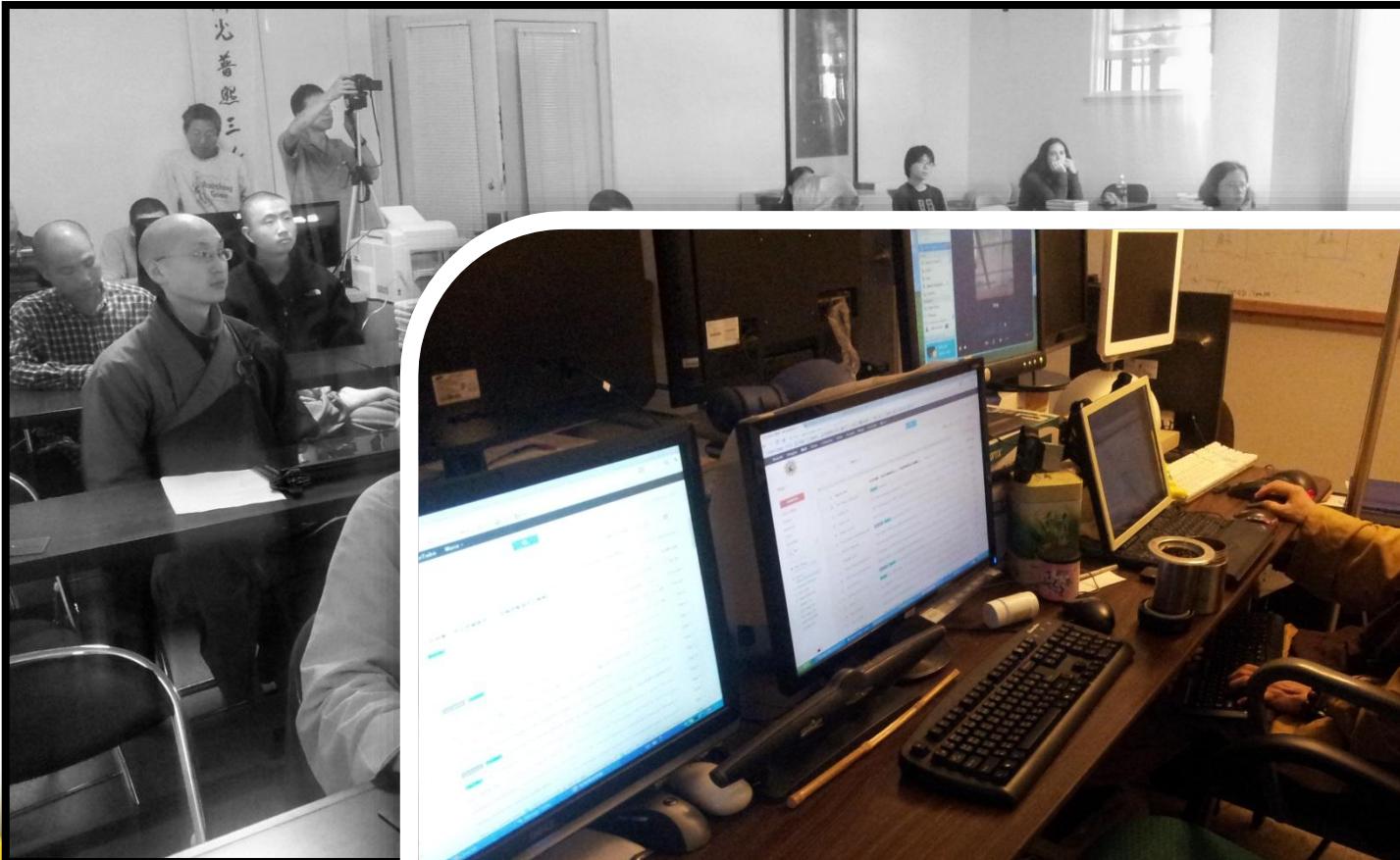
To the Sangha I return and rely, Vowing that all living beings, Form together a Great Assembly, One and all in harmony.



# 宗教體驗-萬佛城



# 宗教體驗-萬佛城



# 宗教體驗 -

## Berkeley Buddhist Monastery



# 宗教體驗-

## Berkeley Buddhist Monastery



宗教體驗-

Berkeley Buddhist Monastery



# 宗教體驗- American Buddhist Seminary



# 宗教體驗- American Buddhist Seminary



# 宗教體驗- American Buddhist Seminary



# 宗教體驗- American Buddhist Seminary



# 宗教體驗- Buddhist Community at Berkeley



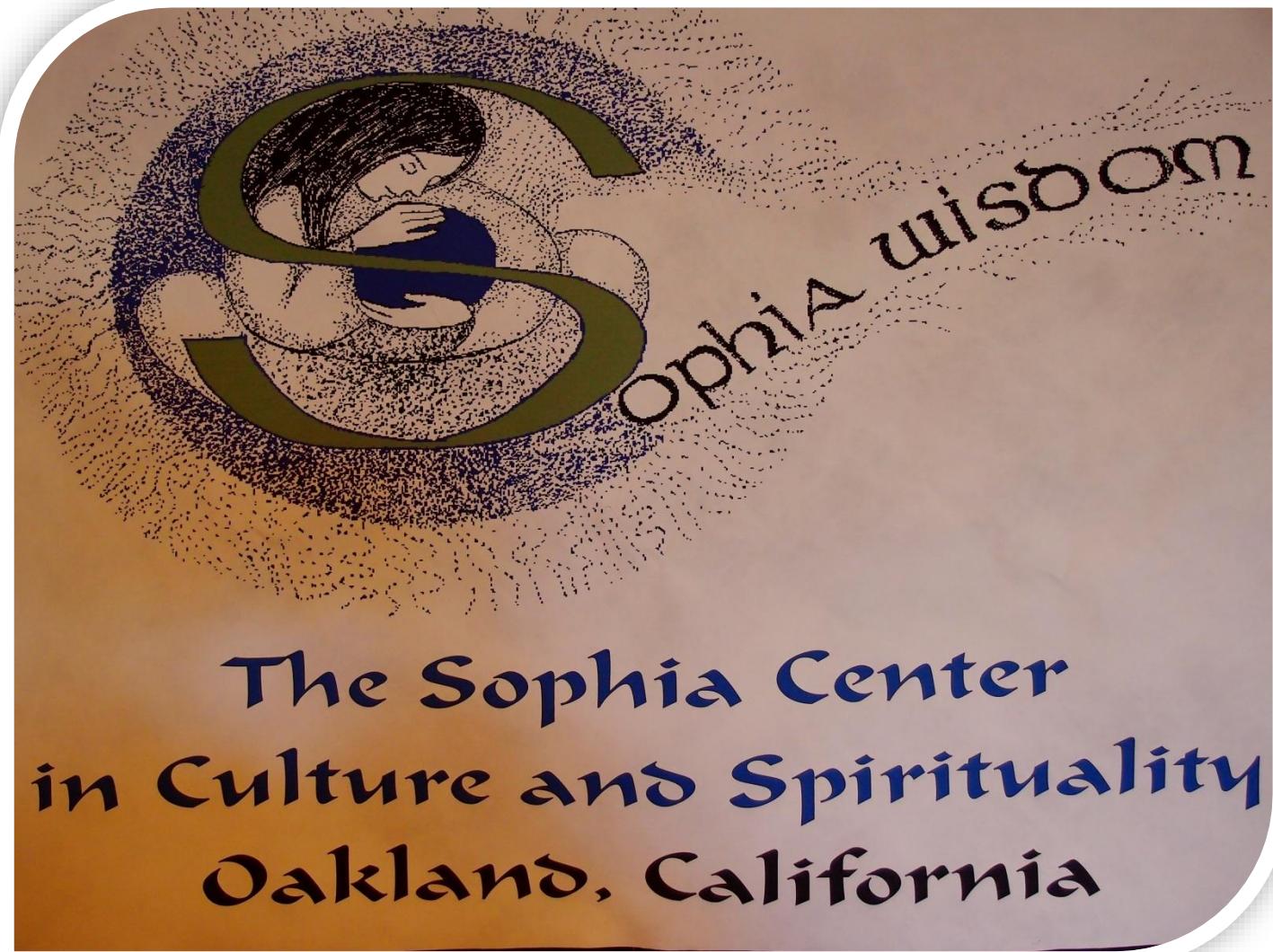
# 宗教體驗- Walk To Feed The Hungry



# 宗教體驗 - IMC



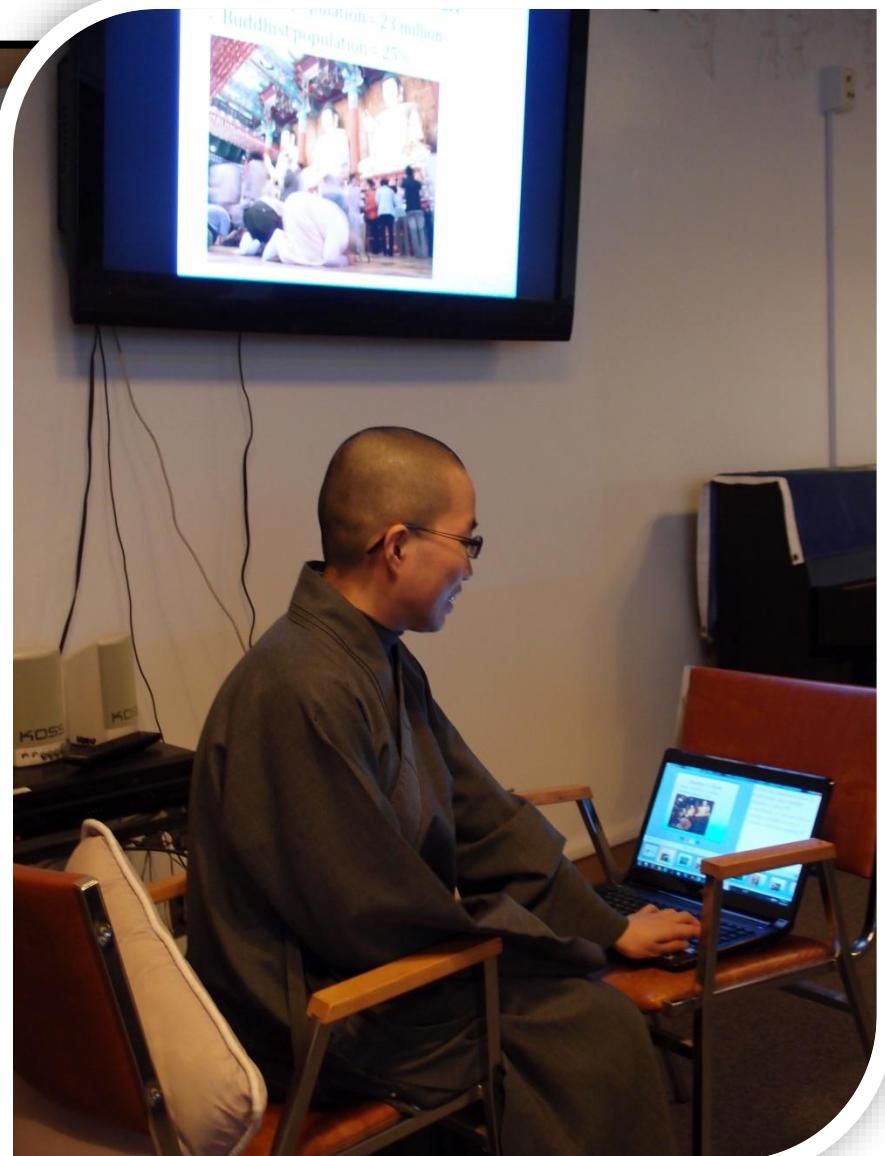
# 宗教體驗- Holy Names University



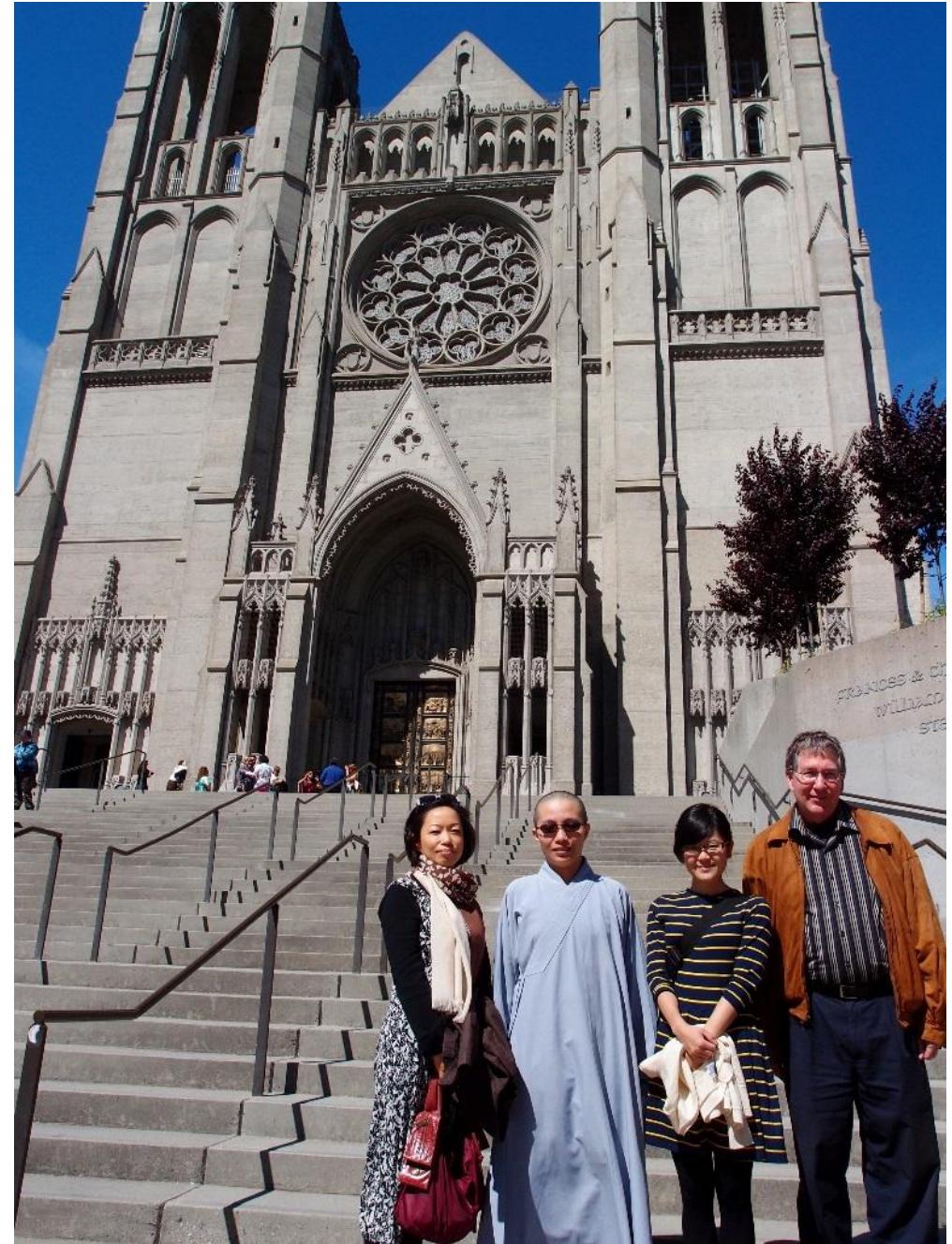
# 宗教體驗- Holy Names University



# 宗教體驗- Holy Names University



# 宗教體驗— 參加彌薩禮拜



# 宗教體驗—參加彌薩禮拜



# 宗教體驗-相遇各國神父修女



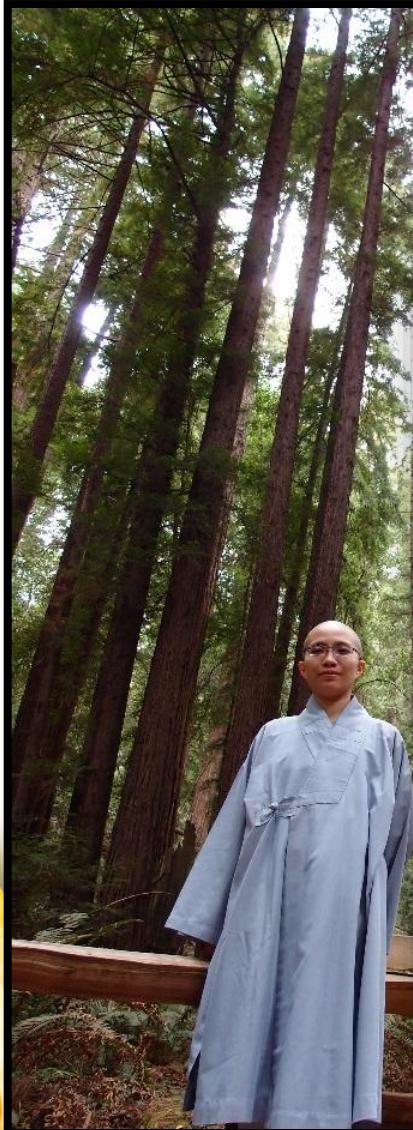
# Day trips-San Francisco



# Day trips-San Francisco



# Day trips-Stanford University



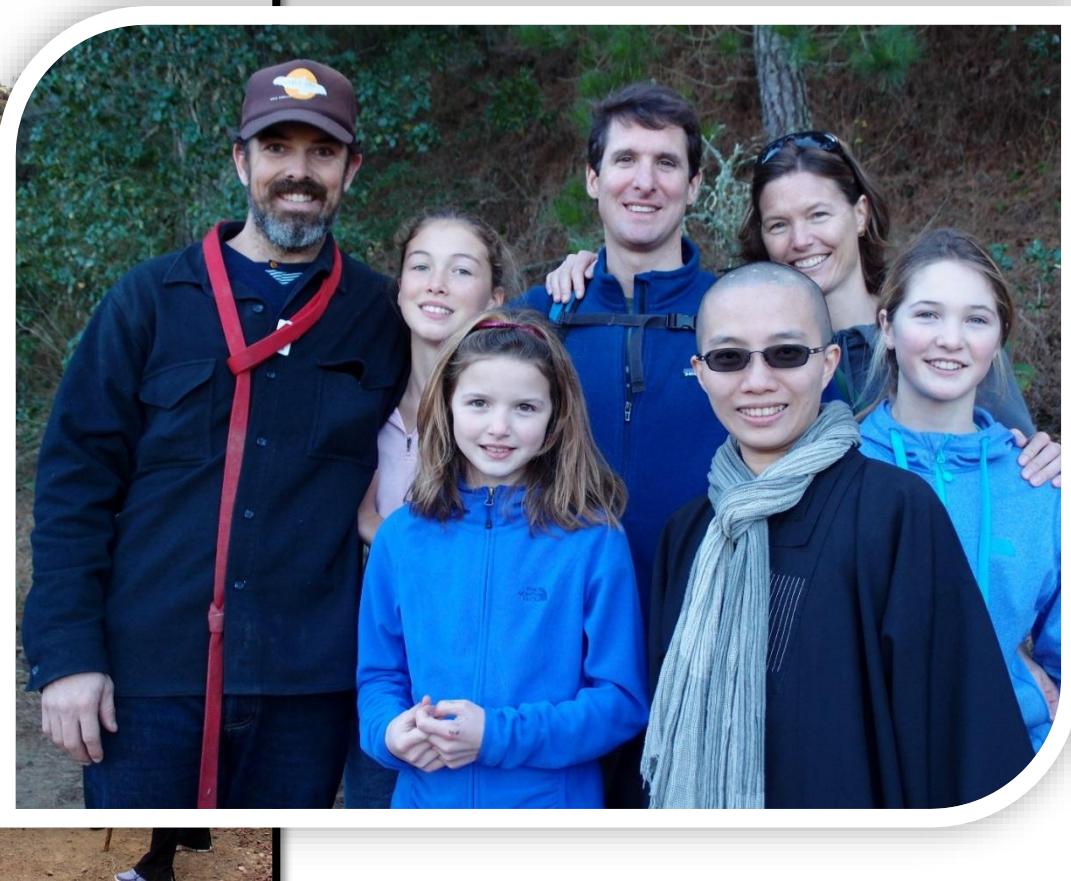
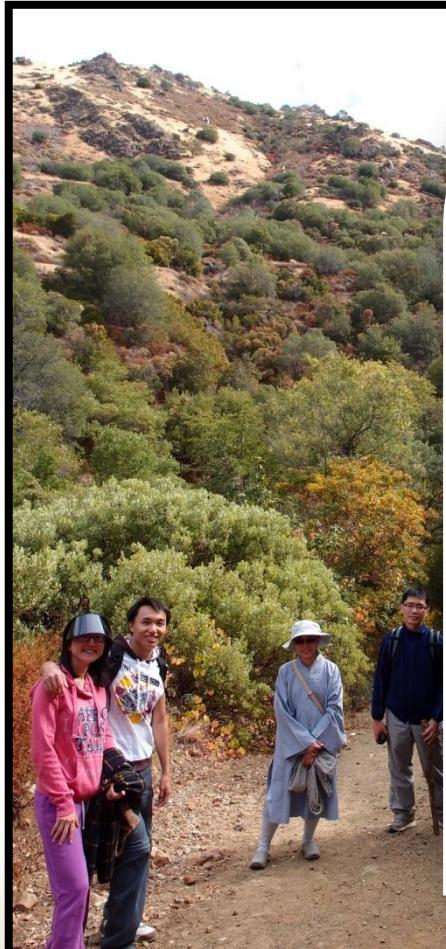
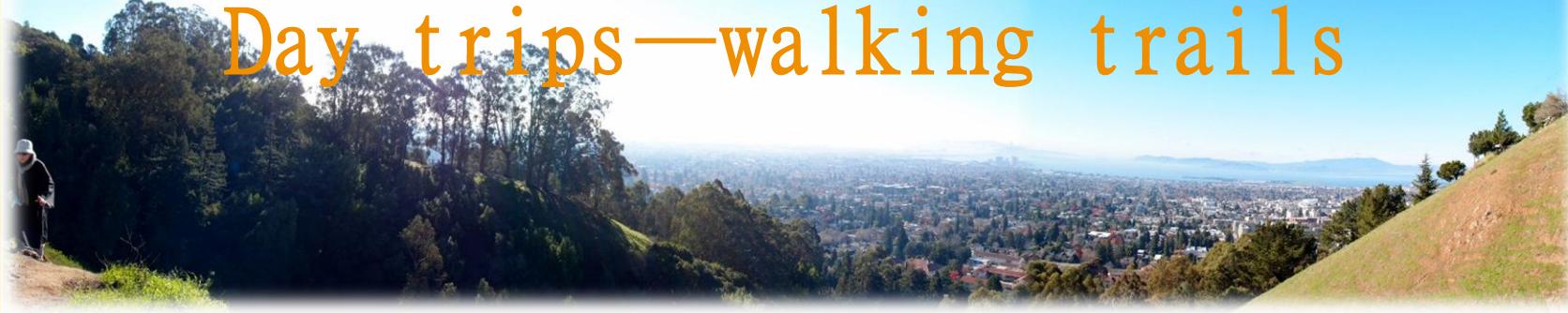
# Day trips- Museums



OAKLAND MUSEUM OF CA



# Day trips—walking trails



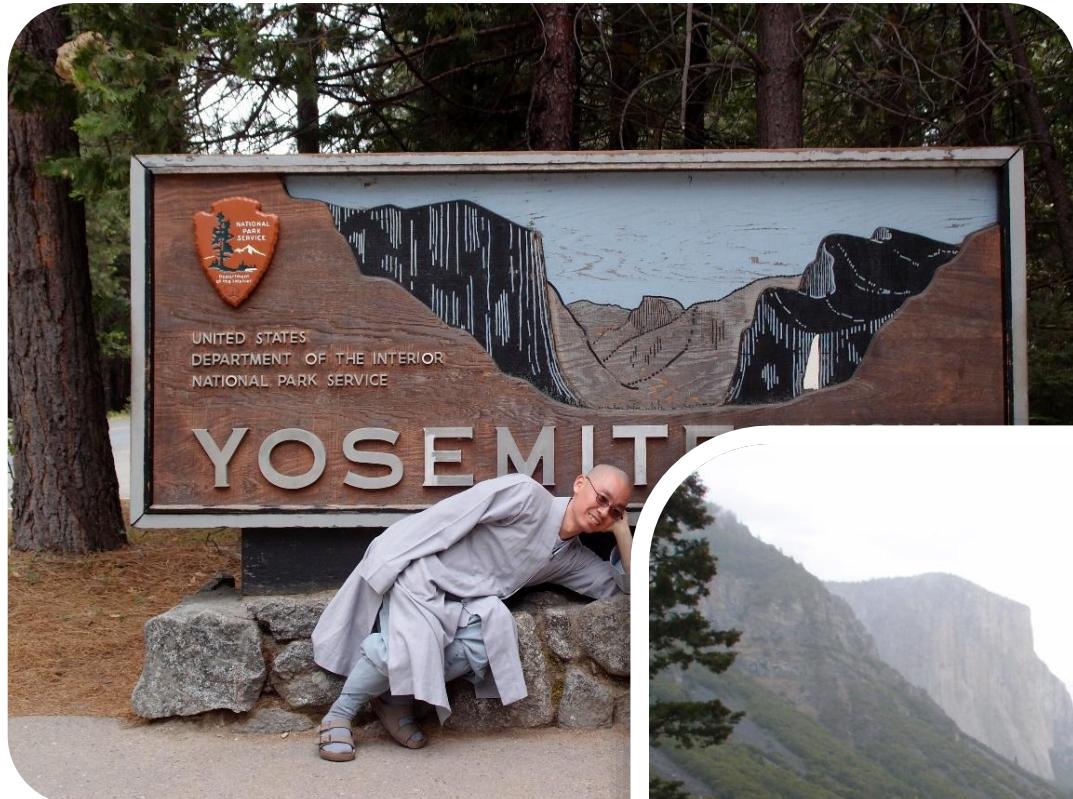
# Day trips: Facebook, Google.....



Facebook

1 Hacker Way

# Day Trips-Yosemite



# Day Trips-Yosemite



# 心得與建議

- 心得
  - 學習方式的無限可能
  - 廣結善緣的無限可能
  - 教育系統與資源
  - 經驗西方社會文化
  - 英文的重要
- 建議
  - 提早申請：1-2月份
  - 祈願學校締結更多交換合約



The end ...  
Thank you

